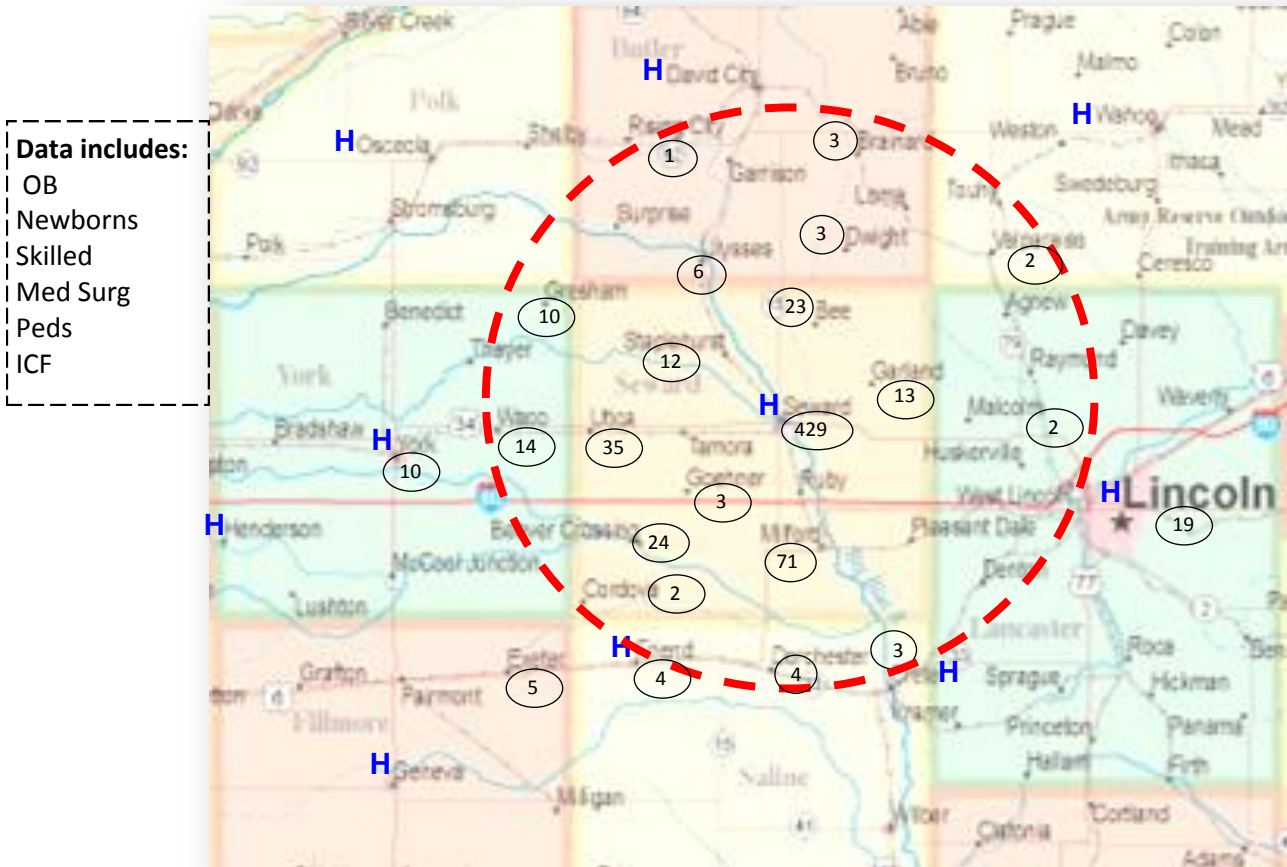# Community Health Needs Assessment

June, 2016

Community Served

Geographic Area

Memorial Hospital is the sole Critical Access Hospital in Seward County, serving a county population of over 17,000 residents. Statistics shown regarding inpatient and outpatient visits (page 3) show Memorial Hospital largely serves the community of Seward, Nebraska.

Inpatient Statistics

Data includes:
- OB
- Newborns
- Skilled
- Med Surg
- Peds
- ICF

696 Inpatient Visits
Reporting dates: 1/1/2015-12/31/2015

25 mile radius

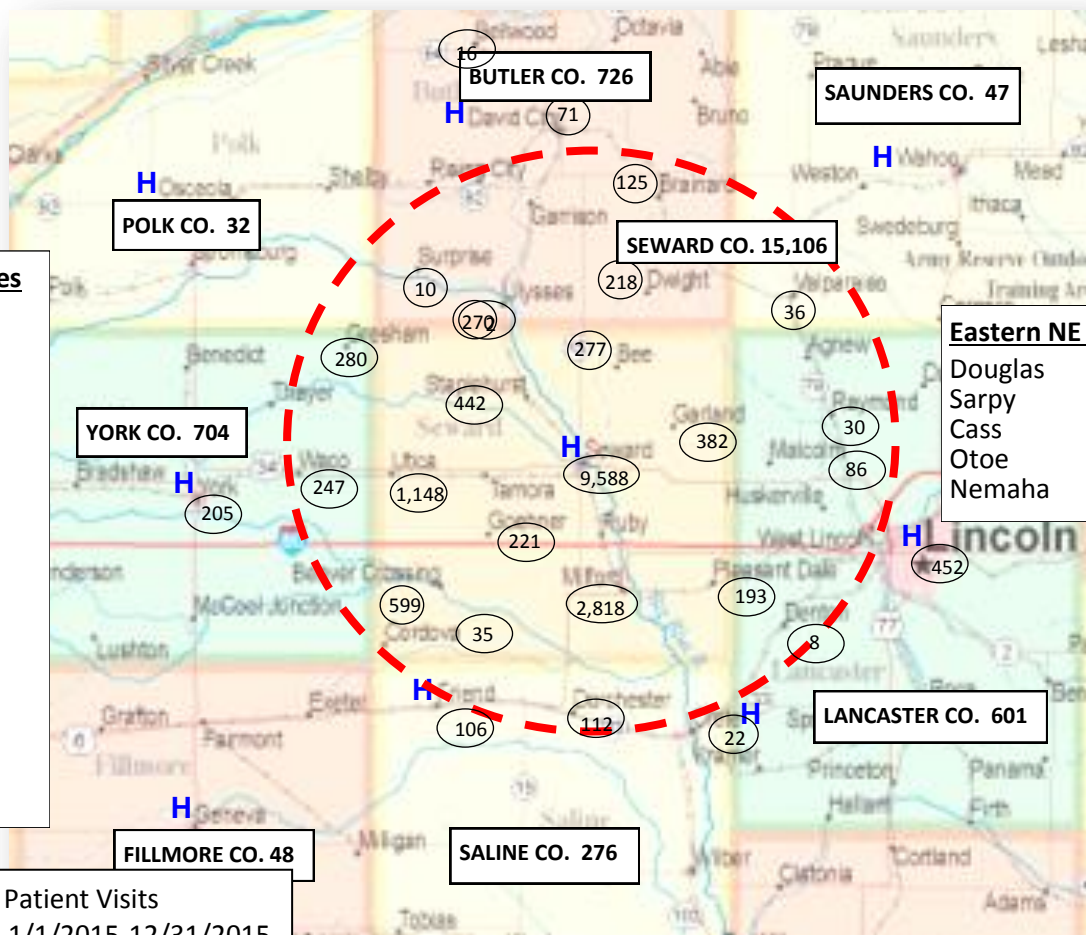| NE Counties			
Seward	602	York	34
Saunders	2	Lancaster	22
Butler	18	Fillmore	5
Gage	1	Hall	1
Saline	11	Otoe	2
		Out of State	**3**

Outpatient Statistics

Data includes:
PT/ST/OT
Lab/Blood
Stress Test
Card Rehab
EKG/Peripheral
Respiratory Therapy
Pulmonary Rehab
Radiology
Specialty Clinic
Surgery
Emergency Dept.
Diabetic Ed
Observation

Northern NE Counties

Boone	2	Antelope	1
Cherry	2	Dakota	2
Platte	20	Dixon	1
Colfax	18	Knox	1
Dodge	10	Holt	2
Washington	2	Dawes	1
Madison	16	Box Butte	1
Cuming	1	Pierce	1
Nance	4	Wayne	2
Cedar	2		

Western NE Counties

Merrick	4
Hamilton	26
Clay	3
Howard	31
Hall	34
Adams	11
Custer	21
Buffalo	9
Kearney	4
Dawson	3
Phelps	1
Kimball	1
Morrill	1
Lincoln	3
Keith	2
Scotts Bluff	3
Deuel	2

Eastern NE Counties

Douglas	35
Sarpy	7
Cass	6
Otoe	6
Nemaha	3

Map markers:

BUTLER CO. 726
SAUNDERS CO. 47
POLK CO. 32
SEWARD CO. 15,106
YORK CO. 704
LANCASTER CO. 601
FILLMORE CO. 48
SALINE CO. 276

Circle values on map: 16, 71, 125, 10, 218, 36, 270, 277, 280, 442, 30, 382, 86, 9,588, 247, 1,148, 205, 221, 599, 2,818, 193, 35, 8, 452, 106, 112, 22

18,301 Patient Visits
Reporting dates: 1/1/2015-12/31/2015

Southern NE Counties

Richardson	1
Thayer	1
Jefferson	7
Gage	16
Nuckolls	1
Webster	1
Franklin	2
Red Willow	4
Furnas	4
Johnson	1

Out of State 297

25 mile radius

Outpatient Visit Percentages:

0-25 miles	94%	(17,249)
Over 25	4%	(755)
Out of State	2%	(297)
Seward County	**83%**	**15,106**

3

Target Population

The following table outlines the target populations served in the city of Seward and Seward County, Nebraska. Memorial Hospital does not target any specific population groups; but instead targets all residents of the city of Seward and Seward County not excluding medically underserved populations, low-income persons, minority groups, or individuals with chronic disease needs.

United States Census Bureau		
Seward County/Nebraska Quick Facts Statistics		
People	**Seward County**	**Nebraska**
Population		
Population estimates, July 1, 2014, (V2014)	17,150	1,881,503
Population estimates base, April 1, 2010, (V2014)	16,750	1,826,341
Population, percent change - April 1, 2010 (estimates base) to July 1, 2014, (V2014)	2.4	3.0
Population, Census, April 1, 2010	16,750	1,826,341
Age and Sex		
Persons under 5 years, percent, July 1, 2014, (V2014)	5.9	6.9
Persons under 18 years, percent, July 1, 2014, (V2014)	23.2	24.8
Persons 65 years and over, percent, July 1, 2014, (V2014)	16.6	14.4
Female persons, percent, July 1, 2014, (V2014)	48.9	50.2
Race and Hispanic Origin		
White alone, percent, July 1, 2014, (V2014) (a)	97.3	89.4
Black or African American alone, percent, July 1, 2014 (V2014) (a)	0.5	4.9
American Indian and Alaska Native alone, percent, July 1, 2014, (V2014) (a)	0.4	1.4
Asian alone, percent, July 1, 2014 (V2014) (a)	0.5	2.2
Native Hawaiian & Other Pacific Islander alone, %, July 1, 2014 (V2014) (a)	0.0	0.1
Two or More Races, percent, July 1, 2014 (V2014)	1.2	2.0
Hispanic or Latino, percent, July 1, 2014, (V2014) (b)	2.3	10.2
White alone, not Hispanic or Latino, percent, July 1, 2014 (V2014)	95.3	80.5
Population Characteristics		
Veterans, 2010-2014	1,083	137,392
Foreign born persons, percent, 2010-2014	1.4	6.5
Housing		
Housing units, July 1, 2014 (V2014)	6,997	814,970
Owner-occupied housing unit rate, 2010-2014	73.3	66.5
Median value of owner-occupied housing units, 2010-2014	142,700	130,100
Median selected monthly owner costs -with a mortgage, 2010-2014	1,300	1,279
Median selected monthly owner costs -without a mortgage, 2010-2014	495	468
Median gross rent, 2010-2014	655	721
Building permits, 2014	71	7,605
Families and Living Arrangements		
Households, 2010-2014	6,224	731,347
Persons per household, 2010-2014	2.50	2.47
Living in same house 1 year ago, percent of persons age 1 year+, 2010-2014	84.9	83.5
Language other than English spoken at home, % age 5 years+, 2010-2014	2.7	10.7

Education		
High school graduate or higher, percent of persons age 25 years+, 2010-2014	92.3	90.5
Bachelor's degree or higher, percent of persons age 25 years+, 2010-2014	26.8	29.0
Health		
With a disability, under age 65 years, percent, 2010-2014	6.1	7.3
Persons without health insurance, under age 65 years, percent	9.1	11.2
Economy		
In civilian labor force, total, percent of population age 16 years+, 2010-2014	64.9	70.2
In civilian labor force, female, percent of population age 16 years+, 2010-2014	59.3	65.6
Total accommodation and food services sales, 2007 ($1,000) (c)	13,537	2,685,580
Total health care and social assistance receipts/revenue, 2007 ($1,000) (c)	45,499	10,081,011
Total manufactures shipments, 2007 ($1,000) (c)	D	40,157,999
Total merchant wholesaler sales, 2007 ($1,000) (c)	127,056	24,019,868
Total retail sales, 2007 ($1,000) (c)	109,761	26,486,612
Total retail sales per capita, 2007 (c)	6,662	14,965
Transportation		
Mean travel time to work (minutes), workers age 16 years+, 2010-2014	21.4	18.2
Income and Poverty		
Median household income (in 2014 dollars), 2010-2014	59,503	52,400
Per capita income in past 12 months (in 2014 dollars), 2010-2014	27,579	27,339
Persons in poverty, percent	8.2	12.4
Businesses	**Seward County**	**Nebraska**
Total employer establishments, 2013	439	52,585(1)
Total employment, 2013	5,441	830,073(1)
Total annual payroll, 2013	173,390	33,113,578(1)
Total employment, percent change, 2012-2013	0.3	1.4(1)
Total non-employer establishments, 2013	1,255	127,427
All firms, 2007	1,276	159,665
Men-owned firms, 2007	383	71,374
Women-owned firms, 2007	355	41,001
Minority-owned firms, 2007	F	8,814
Nonminority-owned firms, 2007	1,106	142,676
Veteran-owned firms, 2007	73	15,933
Nonveteran-owned firms, 2007	981	125,663
Geography	**Seward County**	**Nebraska**
Population per square mile, 2010	29.3	23.8
Land area in square miles, 2010	571	76,824
FIPS Code	"31159"	"31"

The vintage year (e.g., V2015) refers to the final year of the series (2010 thru 2015). Different vintage years of estimates are not comparable.

(1) Includes data not distributed by county.

(a) Includes persons reporting only one race
(b) Hispanics may be of any race, so also are included in applicable race categories
(c) Economic Census - Puerto Rico data are not comparable to U.S. Economic Census data

D: Suppressed to avoid disclosure of confidential information
F: Fewer than 25 firms
FN: Footnote on this item in place of data
NA: Not available
S: Suppressed; does not meet publication standards
X: Not applicable
Z: Value greater than zero but less than half unit of measure shown

QuickFacts data are derived from: Population Estimates, American Community Survey, Census of Population and Housing, Current Population Survey, Small Area Health Insurance Estimates, Small Area Income and Poverty Estimates, State and County Housing Unit Estimates, County Business Patterns, Nonemployer Statistics, Economic Census, Survey of Business Owners, Building Permits.

Process and Methods

Identities and Qualifications of Collaborators

Amy Peterson – Polk County Extension Services

Charlene Dorcey – York Medical Clinic

Cheryl Brown – Henderson Health Care

Cindy Tapphorn – Midwest Covenant Home

Darla Winslow – Polk County Health Department

Deborah Dahlke – Parish Nursing

Deb Kallhoff – Tabitha

Don Naiberk – Butler County Health Care Center

Emily Lutz – York College

Gayle Good – York College

Harrietta Reynolds – Epworth Village

Jaci Foged – Seward County Extension

Janie Fralin – Blue Valley Community Action

Jeanne Schlotfeld - Tabitha

Joe Lorhman – Annie Jeffery Health Care Services

Judy Bors – Memorial Health Care Systems

Katie Pleskac – Butler County Extension

Kelly Gifford – Memorial Health Care Systems

Linda Vandenberg – David City Senior Center

Patti Vincent – York Public School Nurse

Sandra Palmer – St. Joseph's Villa

Tamara Wiens – York General Hospital

Trudy Svoboda – David Place

Descriptions of Meetings and Surveys

In April of 2015, Four Corners Health Department launched a community health assessment project that will have lasting effects for the entire public health system in the district. The purpose of the community health assessment is to describe the health status of the population, identify areas for health improvement, determine factors that contribute to health issues, and identify assets and resources that can be mobilized to address population health issues. The assessment focuses on the "local public health system" which includes all entities that contribute to the delivery of public health services within a community. It includes many public, private and voluntary entities, as well as individuals and informal associations. It is the collective efforts of these entities, working together, that are measured in the assessment.

The MAPP Advisory Committee was created to work through this process, individuals representing 22 partner agencies from across the Four Corners District met regularly to work through the MAPP process as seen below.

Background Information

In April of 2015, Four Corners Health Department launched a community health assessment project that will have lasting effects for the entire public health system in the district.

A community-driven process, called MAAP, was chosen to complete the assessment. Mobilizing for Action through Planning and Partnerships (MAAP) is a dynamic process developed by the Centers for Disease Control and Prevention (CDC) and the National Association of City and County Health Officials (NACCHO) that helps communities prioritize public health issues and identify resources for addressing them. Community ownership is the fundamental component of MAAP.

The MAPP project includes four community assessments. In this report, we have focused on the results of the Community Themes and Strengths Assessment which focus on collecting the community's perspective on issues such as health care, education, care for older adults, jobs, support networks, health problems, and risky behaviors. A survey was designed utilizing a sample survey template provided by the NACCHO.

The MAPP Advisory Committee members worked together to distribute paper copies of the surveys at various community meetings such as Rotary and Kiwanis. They were taken to churches, school events, county fairs, etc., and made available at various workplaces. The survey was distributed from May to October 2015. In Seward County, 138 responses were received by the end of the process. The following is a summary of respondents.

How old are you?

Answer Options	Response Percent	Response Count
14-18 years	1.5%	2
19-25 years	4.4%	6
26-39 years	18.4%	25
40-54 years	19.9%	27
55-64 years	22.8%	31
65-80 years	24.3%	33
Over 80 years	8.8%	12
answered question		136

Which describes your race/ethnicity? Please select just one.

Answer Options	Response Percent	Response Count
White, not Hispanic or Latino	99.3%	137
Hispanic or Latino	0.7%	1
answered question		138

Information Gaps that Exist

Due to the positive response throughout the community health assessment project, no information gaps were identified.

Identification, Assessment, and Prioritization of
Health Needs of the Community

Identified Health Problems

The most important "health problems" identified in the community as a result of the assessment process are:

I. Obesity

II. Cancer

III. Alcohol Abuse

IV. Aging Problems

V. Heart Disease and Stroke

What do you think are the three biggest "health problems" in your community? (Please check only three)		
Answer Options	Response Percent	Response Count
Being overweight	49.2%	61
Cancers	31.5%	39
Alcohol abuse	26.6%	33
Aging problems (arthritis, hearing loss, etc.)	26.6%	33
Heart disease and stroke	18.5%	23
answered question		124

Area Resources

The community of Seward, Nebraska offers a variety of community and health resources:

1. Aging Partners
2. Blue Valley Community Action
3. Four Corners Health Department
4. Nebraska Department of Health and Human Services
5. Senior Centers in Milford, Seward and Utica
6. Meals on Wheels Program
7. Mom's Meals
8. Home delivered meals for Medicaid through the Kiwanis
9. Seward County Emergency Management
10. Seward County Extension Services
11. Memorial Health Care Systems
    a. Memorial Hospital
    b. Memorial Hospital Assisted Living
    c. Seward Family Medical Center
    d. Milford Family Medical Center
    e. Utica Family Medical Center
    f. MHCS Annual Health Fair
12. Ridgewood Rehabilitation and Care Center
13. Brookdale Park Retirement Community – Independent and Assisted Living
14. Greene Place Assisted Living
15. Seward Manor – Independent Retirement Housing
16. Sunrise Country Manor
17. Crestview Care Center
18. Utica Community Care
19. Seward County Transportation
20. Seward Senior Shuttle
21. Hope Crisis Center-Domestic Violence Services
22. Seward County Bridges
23. Blue Valley Behavioral Health
24. Seward Fitness Centers include: Snap Fitness, T's Gym, InMotion

Resources that provide services to Seward area but do not originate from our county include:
1. Hospice-Pathways to Compassion Hospice, Hospice Community Care, HoriSun Hospice, AseraCare Hospice, CHI Health at Home/Hospice, Tabitha, Gentiva
2. Tabitha Health Care Services-Home Health, Voice Care, Hospice
3. Home Health- Angels Care, Interim Home Health, Physician's Choice, Gentiva, PhysMed, Tabitha, Homecare Plus
4. Non-Medical Home Care-Guardian Angels, Home Instead, Right at Home, Caring for People, Community Care, Gentiva, Home Care Plus, Home Instead, Personal Health Care